

Athletics & Recreation

Intramurals and Wellness: The Intramural Program provided recreational opportunities in basketball, soccer, volleyball, badminton, dodgeball, and Olympic-style tournaments. Faculty and Staff Yoga also continued during the academic year, engaging more than 20 participants with positive feedback.

Academic Achievement: Athletics continued to demonstrate strong academic performance, with 177 student-athletes achieving a cumulative GPA of 3.0 or higher. Academic achievement was represented across all varsity programs, led by Soccer with 22 student-athletes, Men's and Women's Swimming with 20 each, and Baseball with 19. Athletics will continue academic progress monitoring, early intervention, collaboration with campus resources, and increased use of tutoring and academic support services.

Competitive Development: Men's Swimming and Men's Tennis recorded the highest winning percentages at 80%, followed by Baseball at 53.1%, Soccer at 47.6%, and Softball at 47.6%. Teams conducted between 56 and 96 training sessions, supporting continued athlete development and competitive preparation.

Leadership, Wellness, and Community Engagement: Athletics provided student-athletes with opportunities to participate in wellness, service, awareness, and community programs. Body Sync engaged approximately 25 participants, while mental health awareness initiatives addressed Suicide Prevention, ADHD Awareness, and World Mental Health Day. The Can Drive generated 375 canned goods for the Bearcat Pantry, Battle of Lexington engaged approximately 800 students, and Morgan's Message Basketball attracted approximately 100 participants. Dig Pink Dodgeball and Volleyball engaged approximately 75 and 30 participants, respectively, with \$150 raised through Dig Pink Volleyball.

Fundraising and Advancement: Athletics continued to strengthen fundraising through alumni and community engagement. Alumni Day generated 29 specific donations, including \$565 raised by Swimming through 15 donations. CUNY Giving Tuesday generated \$235.22 through three donations, while Men's Soccer and Men's Volleyball received significant gifts of \$5,000 and \$3,000, respectively.

Facilities and Community Use: The Athletic Recreation Complex (ARC) continued to provide fitness, wellness, recreational, and intramural opportunities for Baruch students while serving as a revenue-generating facility through rentals to schools, community organizations, corporate leagues, and recreational groups. The ARC also accommodated visiting NBA teams, including the Atlanta Hawks and Cleveland Cavaliers.

Sports Information and Social Media: During 2025–2026, Athletics published 3,237 posts across Instagram, Facebook, and Twitter/X, generating approximately 2.32 million impressions, 28,771 reactions and likes, and 618 comments. The department maintained 6,181 followers, including 793 new followers during the year.

Counseling Center

From January – June 30, 2026, the Counseling Center provided free culturally-responsive and trauma-informed mental health services. The diverse staff worked to facilitate growth, connection, and psychological well-being so students could be successful in college and beyond.

By the Numbers: During this period, 2,968 appointments were attended by 422 students, including 2,201 individual therapy appointments, 246 triage appointments, 245 group therapy appointments, 78 case management/consultation appointments, 112 psychiatry appointments, 26 crisis appointments, 59 psychological testing appointments, and 1 hospital transfer. Additionally, 45 mental health workshops and outreach events were provided to 1,427 students and 79 staff/faculty. Sixty-four percent of the mental health appointments were attended in person; the remainder were conducted via telehealth. Eighty-nine percent were students of color (42% Asian/Pacific Islander, 25% Hispanic/Latino, 13% Black/African American/Caribbean, 11% White, 4% Middle-Eastern/North-African, and 4% Multiracial); 64.4% identified as female, 34.4% male, 1.2% non-binary/trans; 23% identified as non-heterosexual (e.g., gay, lesbian, queer, bisexual, pansexual); 16% were graduate students, 23% seniors, 27% juniors, 19% sophomores, and 14% first years; 71% were from Zicklin, 26% Weissman, and 3% Marx.

Trauma and Depression Screens: Sixty-one percent of the students seeking services at the Center suffered from moderate to severe depression, and an additional 29% more suffered from mild depression. Twenty-seven percent of the students reported having thoughts that they would be better off dead or of hurting themselves at least several days over the previous two weeks. Eighty-three percent of the students reported a history of trauma (e.g., 50% reported childhood emotional abuse, 40% adulthood emotional abuse, 22% childhood sexual abuse, 21% childhood physical abuse, 20% childhood neglect, 20% adulthood sexual abuse/assault, 11% IPV, 48% other traumatic experiences).

Accomplishments: The Counseling Center partnered with HR and the Provost's office to plan and execute Baruch's 5th annual Mental Health Awareness Week in March, which included a Depression Screening event that reached 106 students, a Pet Therapy event that reached 73 students, and other events that reached 229 students and 39 staff/faculty. The Center also spearheaded the planning and execution of Baruch's 4th Lavender Graduation. The Center collaborated with many additional departments across Baruch, including the graduate programs from all three schools, Student Life, Student Disabilities Center, ISSC, New Student Programs, SEEK, GCMC, the Title IX Office, the Office of Health and Wellness, and the Office of Faculty Affairs.

Challenges: The Center continues to have insufficient staffing capacity to meet the psychological testing needs of the Baruch students requesting this service. This testing supports students in obtaining appropriate accommodations for diagnoses such as ADHD and Specific Learning Disorders (e.g., reading, mathematics).

Assessment: Students receiving at least 3 sessions of individual therapy were invited to complete an anonymous Wellness Survey to assess how well counseling was helping to address issues interfering with academic performance and their overall well-being. Of the 80 students who completed the survey during 2025-2026, 91% reported that their overall well-being improved after counseling and 69% reported that their personal problems were interfering less with their academic performance after counseling. The top six reasons students reported seeking counseling were: stress (70%), anxiety (69%), depression (43%), trauma (35%), self-esteem issues (34%), and relationship issues (34%).

Office of the Dean of Students

Early Learning Center: After being closed since the Spring 2022 semester, the Early Learning Center received its HVAC certification and their license to reopen in the Summer 2026 semester and welcomed 5 children between 1 and 2 years old. In the fall of 2026, the ELC will welcome children between 1 and 5 years old.

Health and Wellness: The Student Healthcare Center provided free and highly subsidized services to 257 student patrons and rendered 1,443 medical services; a decrease of 10% for students seen and a 24% decrease for services rendered, compared to Spring 2025. The decrease in student patrons and services rendered can be contributed to the Health Center being fully closed on Mondays due to budgetary constraints. Both in-person and tele-health appointments were provided.

During Spring 2026, the Office of Health and Wellness offered 68 health and wellness events, comprised of tabling events, guest speakers, workshops, and fitness classes. Bearcat Bootcamp returned for the second year, and a total of 66 blood donations were collected during the spring blood drive.

Residence Life: For the Spring 2026 semester, 370 students were housed at 569 Lexington Avenue. There were 12 vacancies, attributed to the additional beds and the typical decline in numbers experienced in spring. There were two emergency spaces used for two different students. 19 students attended a Roommate Social program was conducted at the residence hall for students to meet, mingle, and play some games to learn more about each other, and potentially find a roommate for the next academic year.

Residence life was represented at two freshman admitted students days, where information about our housing program was dispersed to potential students and their families. Our social media presence is consistently growing, and we are at 448 followers on Instagram.

Student Emergency Fund (Petrie): The Dean of Students Office continues to administer the Student Emergency Fund, which provides short-term financial assistance to students experiencing unforeseen emergencies that threaten their ability to remain enrolled. During Spring 2026 , 120 applications were received and 94 were approved. The most common areas of need were housing, food, transportation, and textbooks . Awards ranged from \$100 to \$3,000, with most recipients requesting help for rent or essential living costs.

Bearcat Food Pantry: During the Spring 2026 term, the Bearcat Food Pantry served 435 students, distributing a total of 4,869 pounds of food. The pantry continues to offer items that meet a variety of student needs, including halal, kosher, and vegetarian and gluten-free options.

By the Numbers:

Medical Withdrawals: 24

Student Conduct: 38 on-campus incidents, 2 Hearings, 1 suspension

CIT Cases Reported: 96

Student Grievances:

30 regarding faculty

10 regarding staff / administrative departments

12 about another student

Academic Integrity Cases: 132

Student Disability Services

In Spring 2026, SDS supported 881 students, and supported 325 in the summer. The staff of SDS participated nine outreach events to promote disability awareness, including participating in open houses and orientation events.

A total of 812 exams were proctored, including final exams; and SDS filed for and received \$49000 from NYS Reader's Aid Program for sponsorship for low hearing and visually impaired students.

Assistive Technology (AT): Conducted 25 AT trainings and loaned 47 assistive technologies to students. Worked with members from across the campus to develop guidance materials and tutorials that support the creation of digitally accessible content in compliance with ADA Title II requirements. Collaborated with BCTC and Purchasing to secure an ADA-compliant copier lease. Set up CUNY Accommodate Test Room Booking features to streamline the SDS exam proctoring process.

CUNY LEADS (Linking Employment, Academics, and Disability Services) : In Spring 2026, 114 students in the CUNY LEADS program graduated, of which 25 reported graduating with an internship, employment or graduate school acceptance.

Office of Student Life

During the Spring 2026 (S26) semester, the Office of Student Life (OSL) was staffed by sixteen full-time professionals and three graduate assistants. Additionally, OSL hired twenty-four student assistants to support three student spaces, front desk operations and event logistics.

Highlights: To advance a College-focused goal, OSL began tracking student reimbursements to streamline processing. During Spring 2026, the Activities Finance team processed 1,250 reimbursement requests from 346 students representing 92 recognized clubs and organizations. The department upgraded its technology with three new in-office displays promoting information, events, opportunities, and resources. It also installed a 136-inch display in the second-floor lobby of the Newman Vertical Campus to share these updates with the broader Baruch community.

By the Numbers:

- 125 Active Student Organizations
 - o 101 undergraduate organizations
 - o 14 graduate organizations
 - o 10 new clubs
- 55 programs across 5 Heritage celebrations.
 - o 16 Black History Month programs
 - o 17 Women History Month programs
 - o 13 Asian Pacific Islander Desi American programs
 - o 5 Caribbean Week programs
 - o 4 Jewish Heritage programs (NEW)
- 21 students successfully completed the Bearcats LEAD program
- 3 Student Media Groups
- 1247 events (45.8% increase from S25)
 - o 642 club events
 - o 587 departmental events
- 284 Tabling Events (22.4% increase from S25)
 - o 143 Clubs
 - o 141 Departments
- 17,663 Office Visits (29% increase from S25)
 - o 9,219 visits to the Aaronson Student Center
 - o 3,308 visits to the Office of Student Life
 - o 5,136 visits to the 17 Lex Lounge